



OBJECTIVES

By the end of this lesson, students will:

- ✓ Understand what epilepsy is;
- ✓ Identify common misconceptions with epilepsy and seizure disorders;
- ✓ Develop scientifically factual understandings on epilepsy and seizure disorders, and;
- ✓ Develop personal strategies to a Seizure response.

CLASSROOM MATERIALS

- ✓ Live With Lily: Purple Day Video
- ✓ Printable Worksheets

CONTENT

To celebrate Purple Day, you may wish to decorate your classroom or Zoom background in Purple and/or wear a Purple outfit to help visualize Purple Day. You may also wish to invite your students to dress in purple as well prior to your Purple Day lesson.

1. Begin by asking your students to share what they know about epilepsy. Ask the class if they have ever heard the word epilepsy and if they could answer what it means. Ask the class to think about these other words to spark discussion:

- ✓ Kindness
- ✓ Purple
- ✓ Inclusiveness
- ✓ The Brain
- ✓ Electricity
- ✓ Seizure

Introduce the Live with Lily video and let your students know that they will hear from a student leader (Cassidy Megan) and a brain doctor (Dr. Lewis) for Purple Day.

2. Play the Live with Lily video. You may wish to pause the video after Cassidy Megan's interview to discuss what she says and then continue with Dr. Lewis.
3. Once you finish the video lesson, ask your students what they think about the discussion words above now using what they learned. Ask them what they could do if someone they know was having a seizure and they knew about that person's epilepsy. Be sure to re-enforce that an adult should always be told of a seizure and that you should not try to "wake them up" or restrain them.
4. After you have conducted your class discussion, distribute the worksheets and any additional resources you would like to use. Put on some uplifting music and give the kids some time to think about what they said (15 minutes should be enough). Take up the work by going through the answers and then asking kids about their answers.